

# AMI CHRONICLES

## Our Monthly Magalogue

### JULY 2025



**“School bells are ringing loud and clear; vacation's over, school is here**

# DIRECTOR'S MESSAGE



The crisp scent of freshly printed pages, the soft texture of the cover, and the anticipation of discovering a new world within is enough to entice the graduates to the first day of the new session. There is the excitement of going into the new class, getting to know the new teachers as also, discovering whether the friends are in the same section!

With Gudi Padwa just over and Eid celebrated with enthusiasm let us all begin the new session 2025-26 with hope, determination, goals and lots of records to be broken!

Let us also respect the dusty, sweet and musty scent of the old books that speak of their life, their travels from hand to hand or their settled existence on a bookshelf in the library.

**ALL THE VERY BEST FOR A NEW SESSION MY WONDER KIDS !!!.**



# EDITOR'S MESSAGE



As the new session begins, excitement fills the air. The classrooms come alive with the energy of reuniting with friends and embracing fresh challenges. It's a time of hope, where new goals are set, and opportunities for growth await. This season is a reminder that every day offers something new to discover—whether it's mastering a subject or making a new connection.

The joy of returning to school, the energy of new beginnings, and the hope for a successful year create a unique atmosphere. As we embark on this journey, let's carry with us the enthusiasm to learn, the courage to face challenges, and the belief that the best is yet to come. The new session holds endless possibilities, and together, we'll make the most of them.

Welcome, students, to a year filled with new adventures, growth, and unforgettable memories—let's make it the best one yet!

# Our Supporter



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## # Corona Prevention:

Preventing COVID-19 requires a combination of good hygiene practices, social distancing, and staying informed. Here are some key measures to help you stay safe:-

- **Personal Hygiene - Wash Your Hands:** Frequently wash your hands with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing, or sneezing. Use an alcohol-based hand sanitizer with at least 60% alcohol if soap and water aren't available.
- **Avoid Touching Face:** Refrain from touching your eyes, nose, and mouth with unclean hands.
- **Cough and Sneeze Safely:** Cover your mouth and nose with a tissue or your elbow when coughing or sneezing, and dispose of tissues properly.-
- **Social Distancing**
- **Maintain Distance:** Keep at least 3-6 feet distance between yourself and others, especially those who are coughing or sneezing.
- **Avoid Crowds:** Steer clear of crowded places and public gatherings.
- **Stay Home When Sick:** If you're feeling unwell, stay home and avoid contact with others.-
- **Additional Measures**
- **Disinfect Surfaces:** Regularly clean and disinfect frequently touched objects and surfaces.
- **Wear Masks:** Use masks in public places, especially in crowded areas or when interacting with someone who's sick.
- **Stay Informed:** Follow credible sources like the CDC or WHO for updates and guidelines.<sup>1</sup>

## **## Corona Cure and Treatment :**

While there's no specific cure for COVID-19, various treatments can help manage symptoms and support recovery:-

- **Symptomatic Treatment:** Focuses on controlling symptoms and supporting the body's functions.
- **Supportive Care:** Includes rest, hydration, and medication to alleviate symptoms like fever and cough.
- **Antiviral Medications:** Remdesivir, an antiviral medication, has shown promise in treating COVID-19.
- **Convalescent Plasma Therapy:** An experimental treatment involving plasma infusion from recovered individuals to help boost immunity.
- **Vaccination:** Considered the ultimate management strategy, with multiple vaccines under development and some already in clinical trials.<sup>3</sup>

## **## Additional Tips-**

- **Eat a Balanced Diet:** Focus on whole foods, fruits, vegetables, and immunity-boosting nutrients.
- **Stay Physically Active:** Engage in regular exercise, yoga, or meditation to boost immunity.
- **Seek Medical Attention:** If symptoms persist or worsen, consult a healthcare professional for guidance and support.<sup>4</sup>

# कबीरदास जयंती



धन्य है भारत भूमि जहाँ ऐसे महान संत कवियों और सुधारकों ने जन्म लिया। बहुमुखी प्रतिभा के धनी.. फकीर महान संत कबीर दास विलक्षण प्रतिभा के धनी थे। कबीर दास जी सही मायने में संत कवि एवं समाज सुधारक थे अपने दोहों के माध्यम से लोगों को जीने का पाठ सिखाने वाले एवं उच्च आदर्श स्थापित करने वाले संत थे। उनके दोहों में वह जादू था जो आज भी कायम है आज भी हम उनके दोहों को पढ़ते या सुनते हैं तो जीवन के प्रत्येक पहलू से जुड़े नजर आते हैं। चाहे ज्ञान का महत्व हो, आडंबर विरोध हो, संत की पहचान या मित्रता हर विषय पर उनकी गाये दोहे हमें शिक्षा एवं दिशानिर्देश देने का कार्य आज भी करते हैं। निराकार ब्रह्म से साक्षात्कार कराने वाले, खोखली प्रथाओं का विरोध करने वाले एवं सामाजिक समानता के समर्थक, एकता एवं भाईचारे का संदेश देने वाले अपने दोहों से जीवन का मार्ग प्रशस्त करने वाले महान संत को कोटि-कोटि प्रणाम।



📖 Story Title: “King Book Singh and the Lost Library”



Once upon a time, in a peaceful kingdom called **Gyanpur**, lived a wise and gentle king named **King Book Singh**.

He was not an ordinary king. Instead of ruling with swords, he ruled with **stories and books**. His palace had a magical library filled with thousands of books — history, science, poetry, adventure, and even books of magic!

Every morning, the king read a new book. Every evening, he would gather children from all over the kingdom and tell them stories. Everyone lovingly called him “**The Story King**.”

But one day, a greedy minister named **Bhoola Singh** thought books were useless. He secretly ordered the royal library to be locked up and hidden away.

Slowly, the kingdom fell into darkness.

Children stopped playing, people forgot how to smile, and fights started happening everywhere. Even the birds stopped singing.

King Book Singh was heartbroken.

🌟 **Then came a brave little boy — Chintu**

Chintu, a curious 10-year-old boy who loved listening to the king's stories, decided to **find the lost library and bring back the joy of books.**

One night, he quietly visited the king and said:

**“Your Majesty! Books are our true treasure. I will find your library!”**

The king gave him an **old treasure map** and whispered:

**“The journey won’t be easy, Chintu. But remember, knowledge is your greatest weapon.”**

📖 **Chintu’s Magical Journey**

- First, he crossed the **Mountains of Math**, where every step required solving puzzles and equations.
- Then came the **River of Language**, where he had to form sentences and rhymes to build a bridge of words.



- Finally, he reached the **Cave of Darkness**, where he could only find the library by lighting up a page from a book.

Chintu opened the book titled “**Tales of Courage**”, and as he read the right page — the cave began to glow, and the **magical library appeared!**

The books fluttered their pages in joy, waiting to be read again.



### **The Return of Light in Gyanpur**

When Chintu returned with the library, King Book Singh was filled with joy. He declared Chintu the “**Little Hero of Books.**”

The kingdom lit up again with joy, learning, poetry, and kindness. Bhoola Singh was forgiven — but he was given a funny punishment:

**He had to read one book every day!** 😊



### **Moral of the Story:**

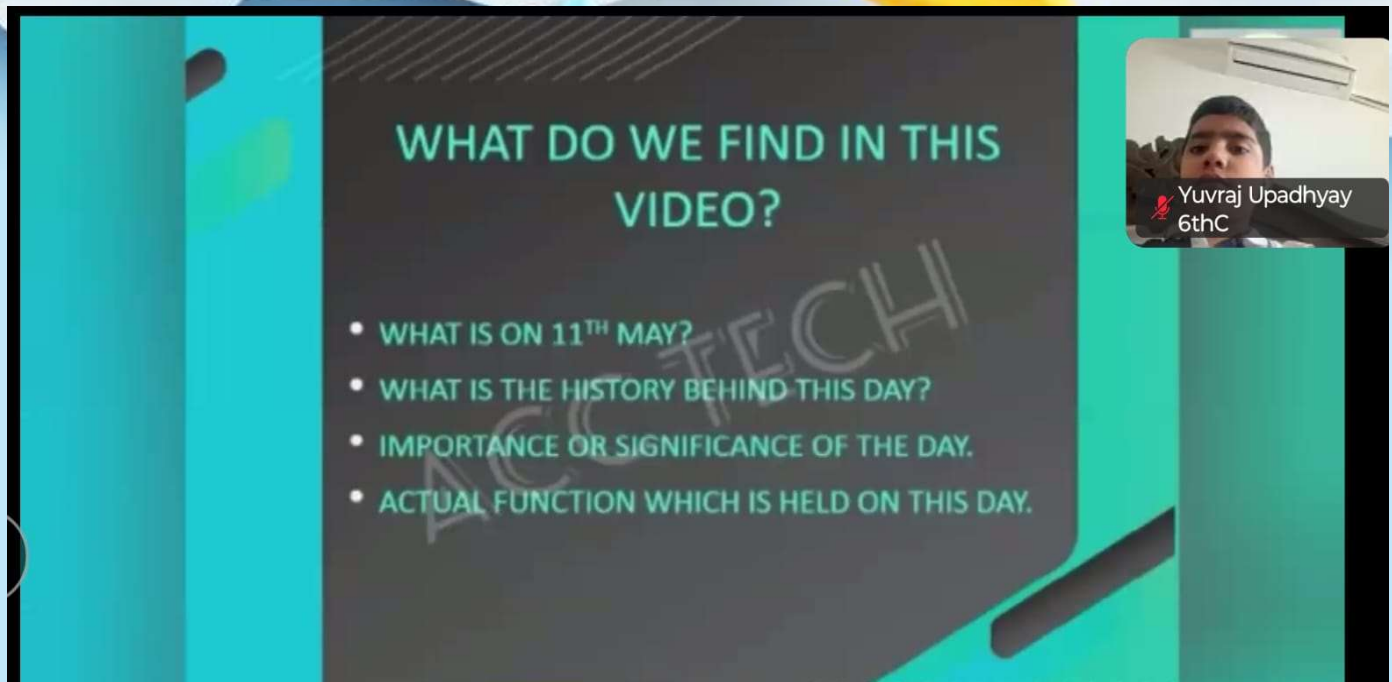
**Even a small child, with the help of books, can bring light to the world. Books are not just pages — they are portals to wisdom, courage, and imagination.**

### **“ A SMALL ACTIVITY “**

Some fun questions related to story:

- What was King Book Singh known for?
- Why did the kingdom become dark?
- Who was the hero of the Story ?

National Technology Day was celebrated on 11 May 2025 via Zoom by the Science Club on the theme “Empowering a Sustainable Tomorrow Through Innovation.” The event inspired students to embrace science and technology for sustainable development. Participants gained awareness and motivation to innovate for a better future.



WHAT DO WE FIND IN THIS VIDEO?

- WHAT IS ON 11<sup>TH</sup> MAY?
- WHAT IS THE HISTORY BEHIND THIS DAY?
- IMPORTANCE OR SIGNIFICANCE OF THE DAY.
- ACTUAL FUNCTION WHICH IS HELD ON THIS DAY.

Yuvraj Upadhyay  
6thC



Yuvraj Upadhyay

Kabir Singh 9th B

Ananya Sen

Tanishka parmar

Kashish Ahirwar

Sarvagya Vyas

iPad

AMI- Devdutt

Darsh Gupta



World Environment Day was celebrated on 05 June 2025 via Zoom by the Eco Club and Science Club of AMI Shishu Mandir, Gwalior on the theme " Beat the plastic pollution". Various interactive activities were conducted, encouraging students to protect the environment and adopt eco-friendly habits.







On the occasion of Reading Day, a virtual reading activity was conducted for all students. They actively participated and enjoyed reading the story. The event aimed to promote book reading, enhance vocabulary, and boost student confidence. Reading improves literacy, sharpens thinking skills, sparks creativity, and helps reduce stress while improving focus and concentration.





The school enthusiastically celebrated Yoga Day, encouraging students and staff to embrace health, mindfulness, and overall well-being.

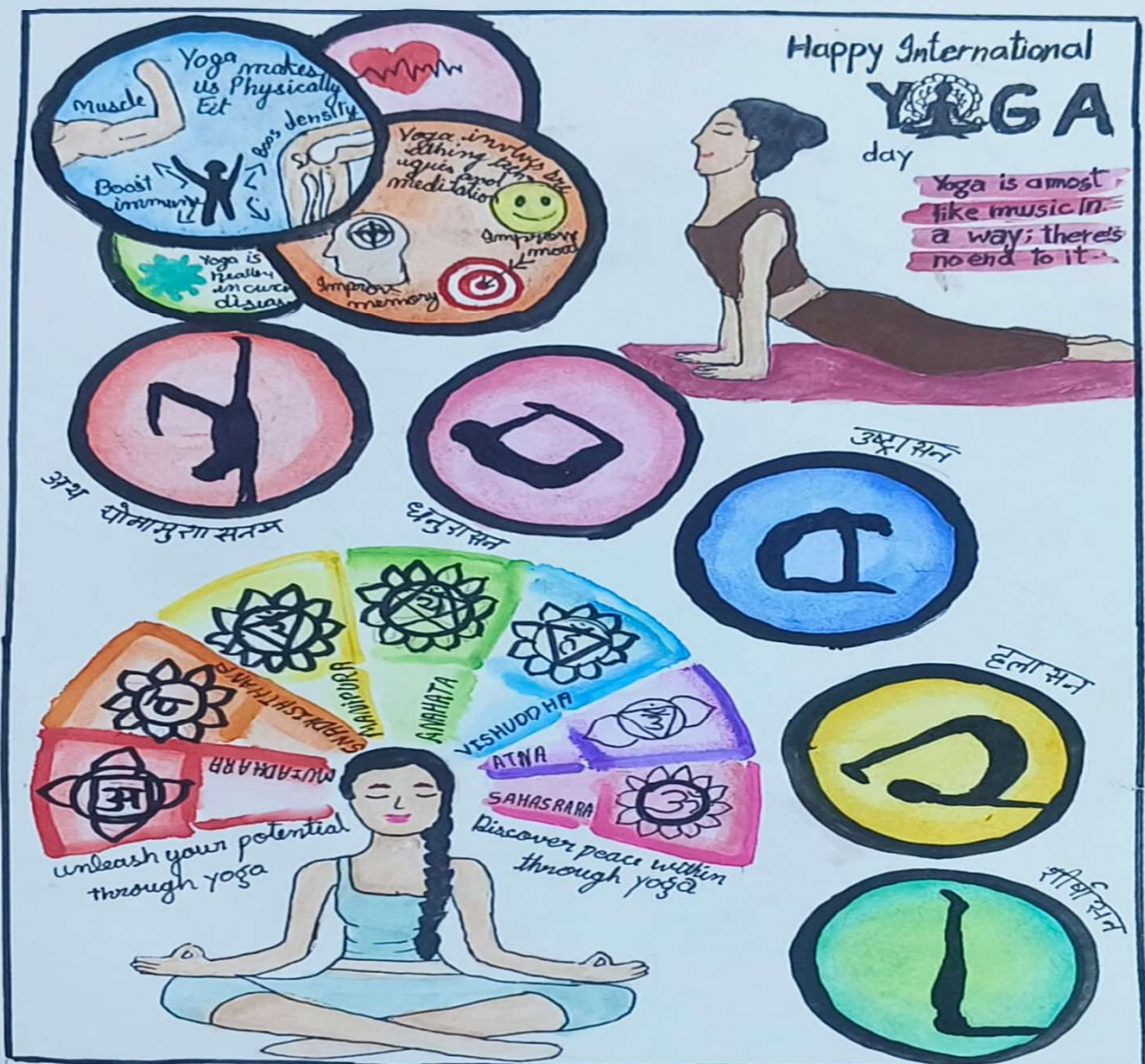
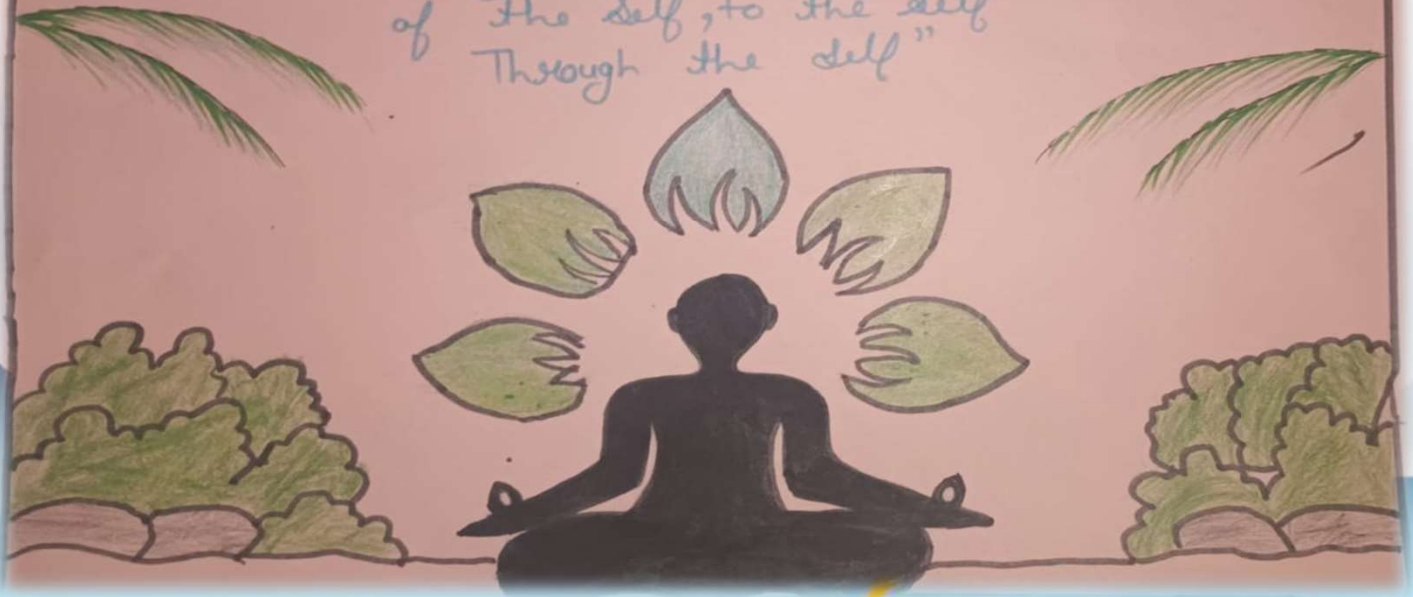




# INTERNATIONAL YOGA DAY

Oshmi Aggarwal  
4<sup>th</sup> B

"Yoga is the journey  
of the self, to the self  
Through the self"



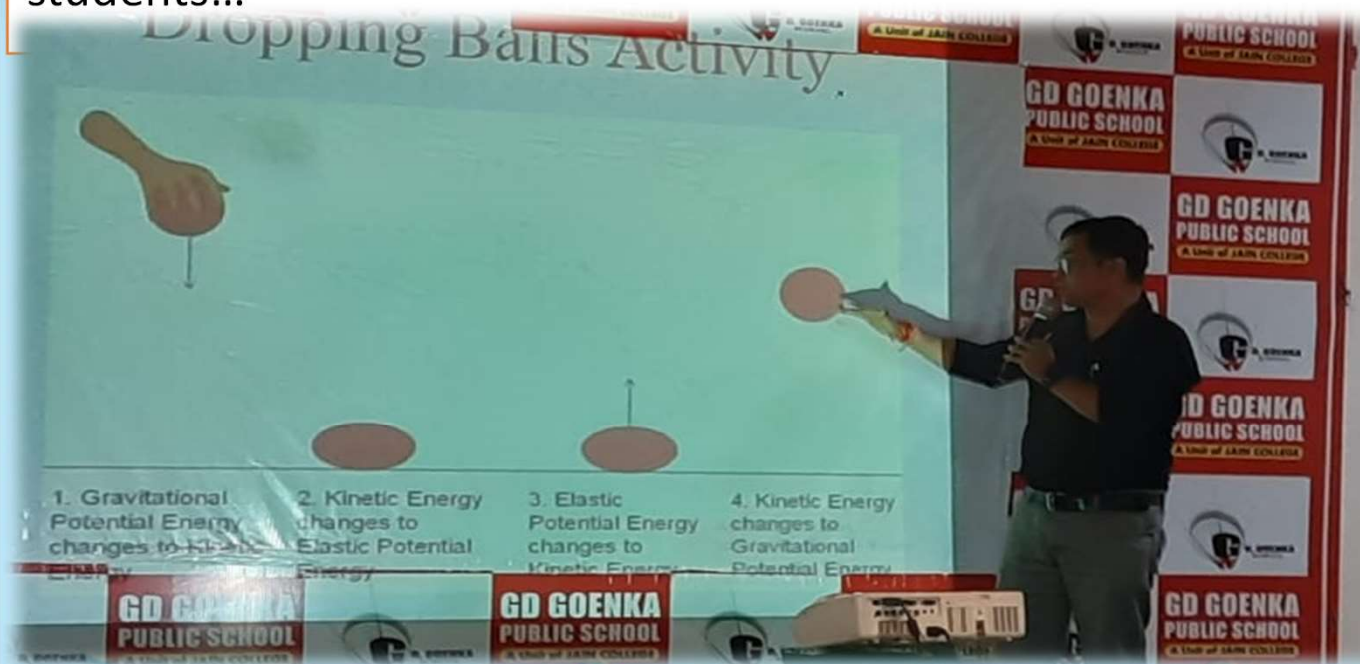


The school reopened with renewed energy and enthusiasm as students and staff returned to begin a new academic journey.





As a part of the CBSE initiative to promote STEM education through innovative pedagogies, We were honored to represent our school in the STEM-DLD WORKSHOP organized under the theme of Hands-on Practical Activity, Learning by Doing and Experiential Learning at G.D. Goenka Public School, Gwalior . The event aimed at nurturing scientific temper, creativity, and problem-solving abilities through project-based and design-thinking approaches. We presented some activities such as Balloon Magic Activity, Floating Ball Activity & Dropping Balls Activity which was work based and effective learning for the students...





# Quiz on Kargil Vijay Diwas

1. When is Kargil Vijay Diwas celebrated in India?

- a) 15th August
- b) 26th January
- c) 26th July
- d) 2nd October

2. Kargil Vijay Diwas commemorates the victory of India over which country?

- a) China
- b) Pakistan
- c) Bangladesh
- d) Sri Lanka

3. In which year did the Kargil War take place?

- a) 2000
- b) 1999
- c) 1991
- d) 1995

4. What was the code name given by the Indian Army to the military operation during the Kargil War?

- a) Operation Blue Star
- b) Operation Vijay
- c) Operation Parakram
- d) Operation Thunderbolt

5. Which Indian Army unit was notably involved in recapturing Tiger Hill?

- a) 10 JAK Rifles
- b) 5 Gorkha Rifles
- c) 18 Grenadiers
- d) 1 Rajputana Rifles

6. Who was the Prime Minister of India during the Kargil War?

- a) Dr. Manmohan Singh
- b) Inder Kumar Gujra
- c) Atal Bihari Vajpayee
- d) P. V. Narasimha Rao

7. Which brave Param Vir Chakra awardee is known for his role in the Kargil War?

- a) Captain Vikram Batra
- b) Captain Manoj Pandey
- c) Rifleman Sanjay Kumar
- d) All of the above

8. The Kargil conflict mainly took place in which Indian state (as per 1999 boundaries)?

- a) Uttarakhand
- b) Himachal Pradesh
- c) Jammu and Kashmir
- d) Sikkim

9. What was the main reason behind the Kargil War?

- a) Trade Dispute
- b) Border Agreement Violation
- c) Infiltration by Pakistani soldiers and militants
- d) Nuclear testing

10. Where is the Kargil War Memorial located?

- a) Drass, Ladakh
- b) Drass, Jammu and Kashmir
- c) Leh, Ladakh
- d) Srinagar, Jammu and Kashmir

## Answers

- |      |      |       |      |      |      |      |
|------|------|-------|------|------|------|------|
| 1. C | 2. b | 3. b  | 4. b | 5. c | 6. c | 7. d |
| 8. c | 9. c | 10. b |      |      |      |      |

# Recipe of the Month



## CORN BHEL

# Ingredients

- 2 Cup Boiled corn
- 1/2 Cup Onion, Finely chopped
- 1/2 Cup Tomato, Finely chopped
- 1/2 cup Cucumber, Finely chopped
- 1/2 tsp Red chilli powder
- 1/2 tsp Jeera Powder / Cumin Powder
- 1/4 tsp Kala namak / Black Salt
- 1/4 tsp Chaat masala
- Salt to taste
- 1 tsp Sweet chutney , optional
- 1 tsp **Green chutney / Mint Chutney**
- lemon
- 3-4 nos Papdi / nipattu, crushed
- 1/2 cup Spicy peanut / Congress Kadle kai
- Sev as required to garnish
- Coriander leaves to garnish



# Instructions

- Cook corn either in microwave or cooker. If in microwave for 10 mins and if in cooker for 1-2 whistles.
- When the corn cob cools, de seed them and transfer to a serving bowl .
- Add finely diced onion, cucumber, carrot and tomato.
- To the mixing bowl add Salt, Kala namak, Red chilli powder, Jeera pwd, Green chutney and Sweet chutney
- Add finely chopped coriander leaves and squeeze lime.
- Combine everything well. You can add few pomegranate seeds too & / boiled diced aloo
- Lastly , just before serving add crushed papdi and congress kadlekai ( spicy peanuts ) .
- Gently toss. Transfer to a serving bowl. Garnish with some Sev .
- That's it , Corn Chaat or Corn Bhel is ready to serve . Enjoy !!!

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*Guru*  
PUARNIMA

